

Team Darenth, as a club, strives to achieve the highest standard in all activities while offering a safe, enjoyable, and inclusive environment in which all members can reach their full potential. This document is Team Darenth's Code of Conduct for club volunteers. It offers guidance on good practise for everyone volunteering with the club.

There are 3 sections to this document, Rights, Relationships and Standards – Personal and Professional.

### **Rights**

Team Darenth believes it is essential that all people involved in cycling recognise and ensure everyone has an equal right to participate in the sport. As a Team Darenth volunteer I will:

- Make every effort for cycling to be a sport which is available to all and where everyone is treated as an individual.
- Make every effort to ensure that cycling, in all its forms, offers individuals the opportunity to participate without fear or harassment. Where a participant experiences fear, harassment or bullying, the individual has a right to make a complaint and for that complaint to be heard and acted upon in accordance with the relevant policy.
- Encourage everyone to have a balanced lifestyle, therefore protecting their welfare both outside and within the sport.
- Respect the right of riders to consult with other coaches and experts.
- As a volunteer I am not required to attend club. If I no longer enjoy being part of the club I should inform the chairman that I no longer wish to volunteer

### **Relationships**

Team Darenth Club volunteers should build open and honest relationships with club members based on mutual trust and respect. As a Team Darenth volunteer I will:

- Not behave in any way which involves or could be construed as abuse of any kind, whether it be sexual, physical, emotional, neglectful, or bullying.
- Volunteers must always take action if they have concerns about an adult's behaviour towards a child.
- Coaches should work with and communicate with a range of individuals and organisations that will benefit the rider and provide them with a broader range of services and knowledge. Equally, coaches should discuss and agree with a rider other sources of information and guidance if they believe it will be of benefit.

### **Standards - Personal and Professional**

It is essential to act within the Technical Regulations and the spirit of cycling at all times, behaving with respect and displaying control, dignity and professionalism at all times.

- I will abide by and ensure that Team Darenth and British Cycling policies are followed and ensure that all proper measures are taken in any given situation to

## Code of conduct for club volunteers

enable the club to be a professional, well run, safe and welcoming environment for all involved.

- British Cycling's member clubs, members, coaches, staff, officials, and volunteers must be prepared to familiarise themselves with issues relating to the use of performance enhancing drugs and banned methods in sport and co-operate fully with UK Sport and British Cycling policies in this area. Coaches and officials have a responsibility to provide education and guidance on these issues.
- High standards of behaviour are expected of everyone within Team Darenth, whether it be of language, manner, appearance, or punctuality. Quality preparation and presentation are also important aspects of coaching and educational work. People in positions of authority or influence, or who may be considered role models and should not smoke, use or be under the influence of alcohol or recreational or performance enhancing drugs whilst involved with club coaching or riding activities.
- Coaches and volunteers should follow British Cycling guidelines. Code of conduct for club coaches and volunteers
- Coaches and club officials should plan all structured or group cycling to meet the needs and safety of the riders involved. Coaching sessions, in particular, should be progressive and appropriate.
- Coaches and volunteers should maintain appropriate records of members and of coached riders. Whenever a coach is advising a rider, they should recognise and accept when it is appropriate to refer them to another coach or specialist.
- Coaches and officials should seek to attain a level of qualification suitable to their level of commitment. They should also maintain up-to-date, knowledge and understanding of technical developments within cycling, and of other issues which may have an influence on their rider or their own professional ability.
- The welfare and best interests of everyone involved with the sport should be respected and promoted at all times. Individuals should be empowered to be responsible for their own decisions.

By signing this document I acknowledge my responsibility as a volunteer with Team Darenth.

**Name**

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**Signature**

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**Date**

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