

## **Rider Code of Conduct**

- I will arrive at club by 9.45am and sign on promptly.
- I will pay fees promptly.
- I will ensure that I have a current gold or silver British Cycling membership.
- I will ensure my bike is in safe working order, that I am wearing suitable clothing for the weather conditions and the activity. I have a drink, snack, and spare inner tube. I will wear a helmet at all times whilst cycling.
- I will have eaten breakfast so that I have enough energy to take an active part in the club session.
- I will listen and learn from my coaches and other volunteers and treat all coaches, riders and volunteers with respect.
- I will respect club property, the property of Baldwyns Freeholder Association and the property of other individuals
- I will respect the environment in which the club session is taking place in and ensure that I put my rubbish in the bin.
- I will behave responsibly and safely whilst at Team Darenth and I will treat others with respect and understanding and as I would wish to be treated.
- I will not use foul language or behave in a rude or inappropriate manner at any time.
- I will speak to a coach, ride leader or club official if I have a problem rather than take matters into my own hands.
- I will be a good ambassador for Team Darenth when out riding and represent the club in competitions and other events.

## Unacceptable behaviour will not be tolerated.

Any riders failing to comply with the code of conduct will be dealt with as follows:

- 1. Initial warning
- 2. Asked to sit out for a 5-minute period.
- 3. Asked to sit out the rest of the session.
- 4. Continued incidents will lead to a one-week exclusion from club activities

If a rider persistently breaks the code of conduct or continually disrupts sessions then the committee will consider banning them from club activities permanently

Parents will be advised as appropriate